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Cookable
KITCHEN

SALAD
KIT

LET'S COOK

SALAD KIT

SIDE DISH

Servings: 3-4

SKILLS USED

- opening packages
- tossing

TOOLS



tongs



mixing bowl



scissors (optional, for opening packages)

INGREDIENTS



1 salad kit (any kind)
(10-14oz)

GET READY

Wash your hands.



Get tools.



Get ingredients.



START

1. Use scissors to open package.



2. Take out dressing and toppings. Set aside.



3. Put lettuce mix in bowl.



4. Use scissors to open toppings. Add to bowl.



5. Use scissors to open dressing. Add to bowl.



6. Use tongs to gently mix until the toppings and dressing are spread out all over the lettuce mix.



7. Use tongs to put salad on plate. ENJOY!





**SERVING
SUGGESTION**

**ENJOY
FRESH**

**To change it up,
add a protein like
grilled chicken,
diced ham, bacon,
hard boiled eggs,
or beans.**

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