

How much time will I need to make a recipe?

A How much “**prep time**” is needed? _____ hours _____ minutes

Preparation, or “prep” includes things that are active like:

- Chopping
- Mixing
- Boiling

B How much time is needed for  _____ hours _____ minutes

This includes things that are mostly waiting, like:

- Baking in oven
- Cooking in slow cooker
- Simmering soup
- Time to “let sit” after baking
- Time needed to chill in refrigerator or freezer before eating

TOTAL Add together the time needed for prep and waiting. This is the total time you will need to plan to make the recipe before eating.
(A+B=total).

TOTAL time needed for recipe _____ hours _____ minutes

